

DAY 1 | THURSDAY, MARCH 12

CONFERENCE SCHEDULE

7:00 AM Breakfast Topic: *One Patient's Journey with AUVELITY: A Rapid-Acting Antidepressant that Modulates both Glutamatergic and Monoaminergic Pathways* -Sponsored by Axsome

8:00 AM *Stereotactic Radiosurgery* – Michael Brisman, MD NSPC Brain & Spine Surgery

9:00 AM TBA – Richard Terry, DO

10:00 AM **Break with Exhibitors**

10:15 AM *Chronic Kidney Disease* – Dr. Matthew Weir, ACOFP

11:15 AM *Weekly Basal Insulin for T2D* – Matthew Gilbert, DO; TBD ACOFP

12:15 AM **Break with Exhibitors**

12:30 PM **Lunch and Learn** Sponsored by EmPRO Insurance
Psychedelic Medicine for Wellness – Gerard Baltazar, DO

1:30 PM *Improving Medical Student Wellness* – Kenneth Steier, DO

2:15 PM *Integrating Lifestyle Medicine and Osteopathic Manipulative Treatment into Primary Care* – Alex Ford, DO, RD

3:00 PM **Student & Resident Research & Case Study Poster Competition (Exhibit Hall)**

3:00 PM *Following Orders: Does that Apply to Me?* – Thomas Gallo, Esq.

4:00 PM **Break with Exhibitors**

4:30 PM *Food Is Medicine: A Prescription for Better Health* – Robert Graham, MD

5:30 PM OPMC Presentation: David Besser MD, Executive Secretary, NYS Board for Professional Medical Conduct, Shelly Wang Bandago, Director NYS Office of Professional Medical Conduct.

7:30 PM Dinner Sponsored by Alexion

DAY 2 | FRIDAY, MARCH 13

7:00 AM Breakfast Topic: *An Overview of Hypophosphatasia* - Chad Deal, MD, Sponsored by Alexion

8:00 AM *Osteopathic Cranial Manipulation Made Easy with MFR* – Jay Danto, DO

9:00 AM *Perimenopause & Menopause: Integrating Hormones, Lifestyle, and Whole-Person* – Ginamarie Papia, DO

10:00 AM **Break with Exhibitors**

10:30 AM Dermatology Part I - *DIY Dermatology: A Practical Guide for Non-Dermatologists* – Kalliope Kyriakides, DO

11:00 AM Dermatology Part I - *Alopecia Update: What you need to know in 2026* - Amy Spizzuoco, DO

11:30AM **Keynote Address: Richard Thacker, DO, MACOI, AOA President-elect, Kathleen Creason, MBA, AOA CEO**

12:30 PM **Lunch and Annual NYSOMS Business Meeting (NYSOMS members only)**

2:00 PM Dermatology Part II – *Interesting cases to Learn From* – Suzanne Sirota-Rozenberg, DO

2:30 PM Dermatology Part II – *Common Practice Pearls* – Cindy Li, DO

2:00 PM **OMM/OMT Workshop (2:00 – 4:00 breakout session)**

3:00 PM *Changing the Treatment Paradigm of Type 2 Diabetes* – Isabela Romao, MD

3:30 PM *Beyond the Diagnosis: Substance Abuse and Recovery* – Christopher Stowers

4:00 PM **Break with exhibitors**

4:30 PM *OMT for the Busy Internist* – Michael Foti, DO

5:00 PM *Managing Expectations in Physician/Patient Relations* – MLMIC

6:00 PM *Not Guilty by Reason of Insanity* – Seymour Block, DO

6:45 PM *Prognostication: The Skillful Art from Forecast to Delivery* – Stella Rubina, DO

7:30 PM NYSOMS Presidential & NYITCOM Alumni Reception with Q&A with Doctor Mike